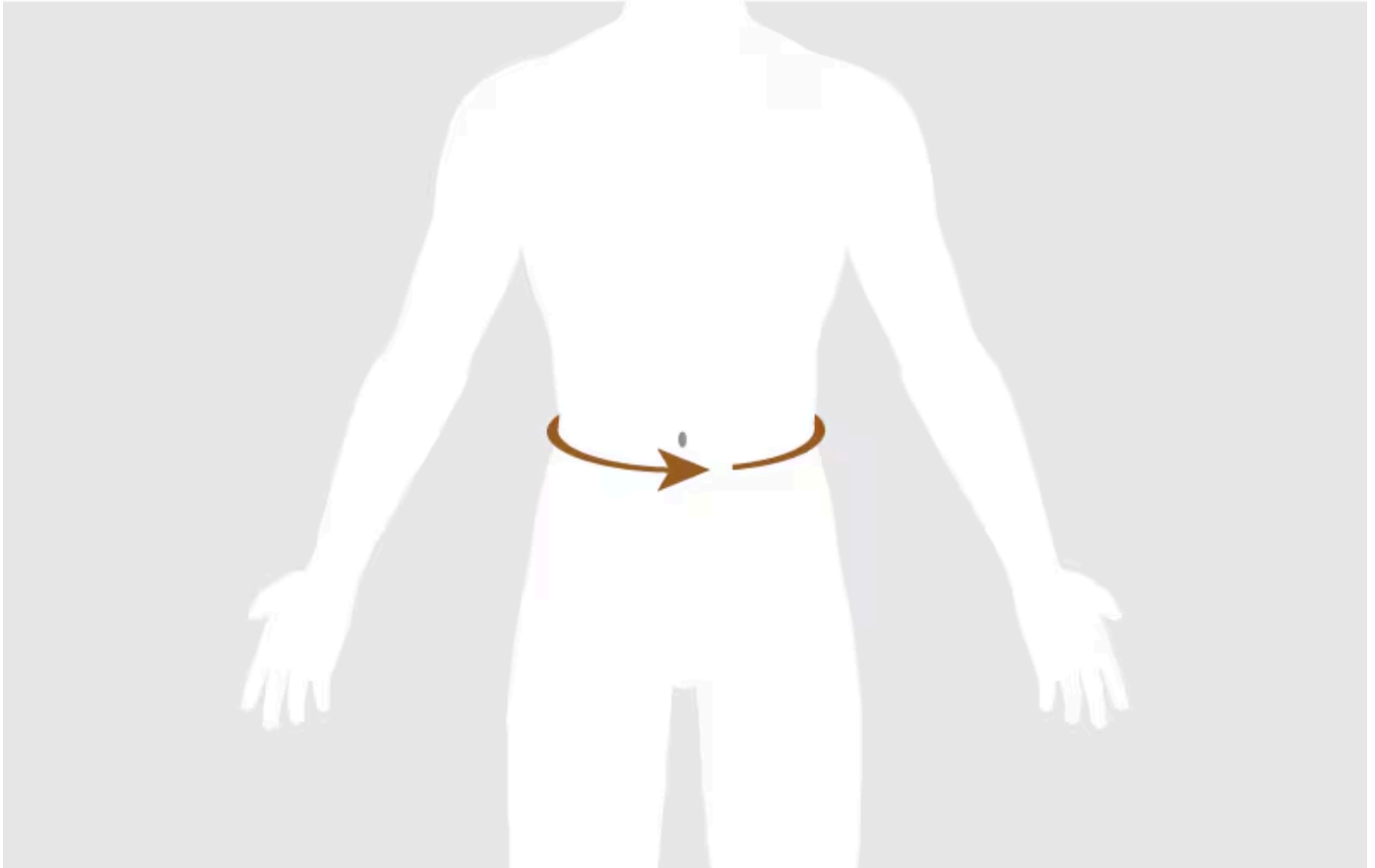


MCS™ INNER BELT



HOW TO FIND YOUR MEASUREMENTS

To measure natural waist: Bend side to side and find the natural bend in your body. This is your natural waist. Measure circumference around this point.

BELT SIZE	FITS WAIST
XS	23–27 in (58-69 cm)
SM	27–31 in (69-79 cm)
MD	31–35 in (79-89 cm)
LG	35–39 in (89-99 cm)
XL	39–43 in (99-109 cm)

2X

43-47 in (109-119 cm)